



# 2023 PROGRAM SUMMARY

# 2023 Program Supporters



Manchester United  
Methodist Church



Spark Grant  
**THE LEAGUE**  
OF AMERICAN BICYCLISTS  
*since 1880*



City of St. Louis  
Department of Health



Cabanne Branch



St Louis Torchbearers 2



Hesse & Boettcher Family



**East Side Heart & Home  
Family Center**

Creating connections and offering opportunities  
To effect change in East St. Louis, Illinois

Saints Teresa  
& Bridget  
Catholic Church



Feuerbacher Grant



**SISTERS OF ST. JOSEPH  
OF CARONDELET**

# Donations & Funding Acknowledgement

Bike Rehab Manchester United Methodist Church donated 21 bikes to the program. The club escaped the hottest part of the 2023 St. Louis summer but the discounted water bottle racks from St. Louis BWorks were greatly appreciated.

This year's club activities were made possible by BYEF general program funds, club program fees (\$25 per club member), plus grant funds from the Spark Grant awarded by the League of American Bicyclists and the Feuerbacker Grant awarded by the Carondelet Sisters of St. Joseph.

# Participants Summary

This year Bailey Youth Enrichment Foundation volunteers were joined by representatives from St. Louis, Missouri Torch Bearers 2 and the East St. Louis, Illinois Eastside Heart and Home Family Center in recruiting club members for the Reading Riders' 2023 adventures.

The efforts of the recruitment teams resulted in six females (ages 6, 7, 7, 9, 11 and 15) participating in the club. The young ladies were joined by nineteen male participants (ages 7, 7, 7, 7, 7, 8, 8, 8, 9, 10, 10, 11, 13, 13, 13, 14, 14, 14, and 16. Nine parents and one grandparent also joined in the fun.

Representing zip codes 63107(9), 63108 (3), 63110 (3), 63112 (2), 63114, 63115 (2), 63120, 63136 (4), 62201 (5), 62204, 62206, 62207 (3) participants were from St. Louis City and County in Missouri and Alton, Cahokia and East St. Louis in Illinois.



# Breaktime & Photo Op With Mom & Dad





# Reading Component

Two St. Louis Ready Reader West End Neighborhood Block Captain volunteers coordinated and conducted six of the seven reading activities for this year's club.



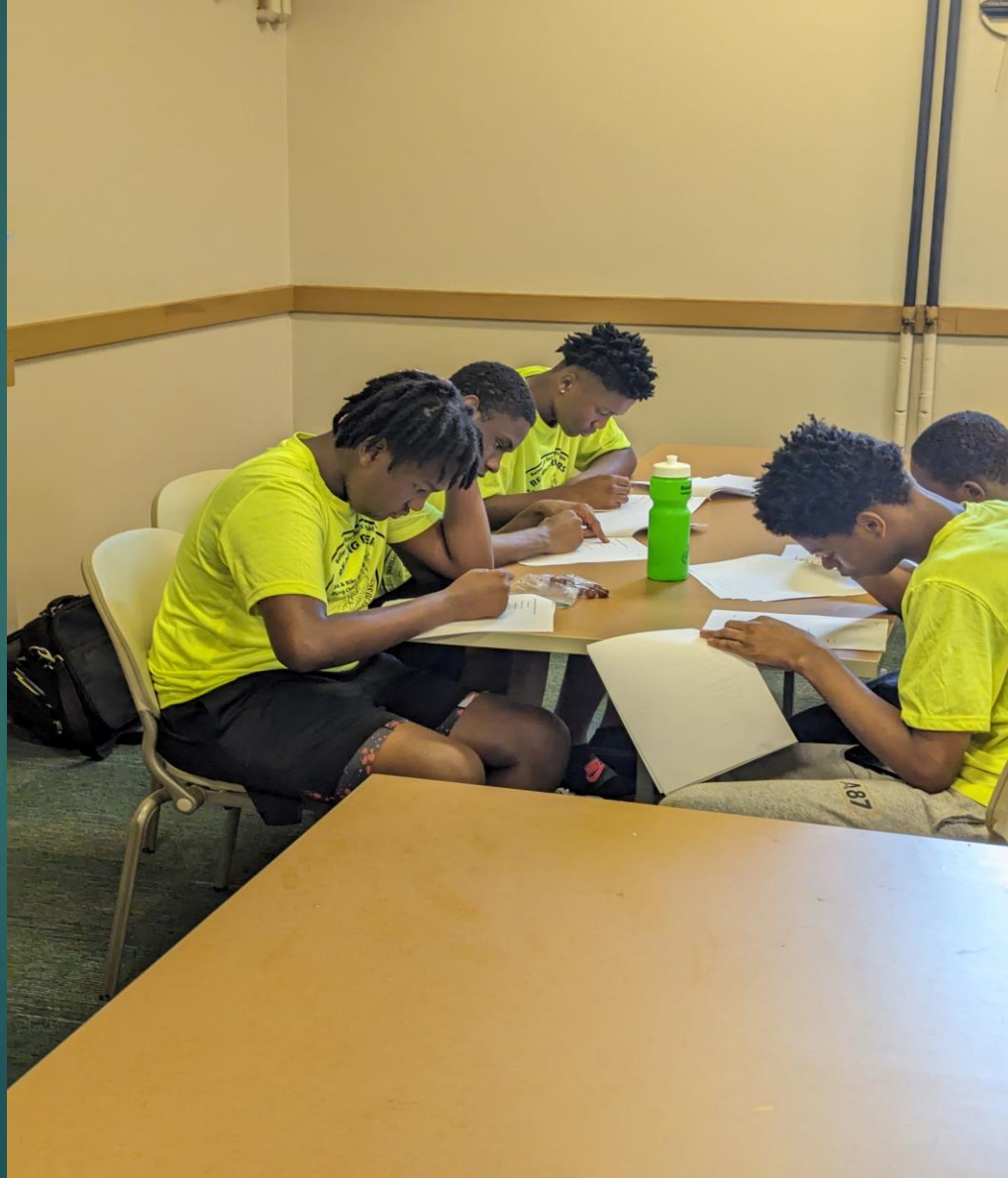


# Reading Component continued

- ▶ The reading activities included reading from, *Don't Throw It To MO* and *Swim Mo Swim* by David Adler, *Juneteenth* by Floyd Cooper, *Katie Fry Private Eye* *The Lost Kitten* by Katherine Cox bike trail reading about the Monarch butterfly, and a reading scavenger hunt for points at the interpretive center at the Lewis and Clark Historic Site in Hartford, Illinois.



# Teen Club Members Working at Library





# Reading Component continued

- ▶ One of the reading activities was conducted on the Amtrak Train and another was conducted on the bike trail by the Weldon Springs Interpretive Center interpreters. The other five reading activities were conducted at the St. Louis Public Library Cabanne Branch. The library meeting space also served as cool down space from the summer heat after the trail rides and was a relaxing area for the club's Saturday lunches.



# Learning to Hold the Flute





# Riding Component

The Reading Riders took on six bike trails this year covering more than 62 miles.

## Weekly Trail and Milage Schedule

- ▶ Grant's Trail (10.1-mile ride)  
*Roundtrip Orlando's Event Center to Grant Historic Site*
- ▶ Busch Greenway (8-mile ride)  
*Roundtrip Weldon Spring Interpretive Center to (8 miles)*
- ▶ MCT Schoolhouse Trail (9.6 – mile ride)  
*Roundtrip IL Hwy 203 Trailhead to Horseshoe Lake Park*
- ▶ MCT Confluence Trail (10-mile ride)  
*Roundtrip Chouteau Island Canal Trail to Lewis & Clark State Historic Site*
- ▶ St. Vincent Greenway Trail (11.6-mile ride)  
*Roundtrip St. Vincent Park to downtown Ferguson, MO*
- ▶ Katy Trail (14.9-mile ride)  
*Dutzow, MO to Defiance, MO*



# Break at Grant's Trail at Ulysses S. Grant Historic Site





# Hamburg Trail Near Weldon Spring Interpretive Center

Taking the Hill

Ride Break for reading activity  
about Monarch Butterflies





# Full Speed Ahead on the St. Vincent Trail Heading for Downtown Ferguson, MO





# Waiting for Rest of the team on Katy Trail Klondike Park in St. Charles County



Galaxy S22 Ultra



# Commencement Weekend

This year the club's closeout weekend included an Amtrak train ride to Washington, Missouri, a van shuttle from the train station to the Katy trailhead in Dutzow, Missouri and a relaxing 14-mile bike ride on the Katy Trail to Klondike Park, campfire dinner, night hike within the park without flashlights, an overnight tent camping adventure, and Sunday morning bike ride to Defiance, Missouri.





# At Weldon Spring Interpretive Center





# Weldon Spring Interpretive Center Seedball Activity





# Lewis & Clark Historic Site Grafton, IL





# Bike Blender Smoothie Break At Horseshoe Lake Park





# Downtown Washington, MO





# We kept Journals

June 10<sup>th</sup>

Dear Journal,

In Today's bike ride, it really was a challenge because my knees was hurting bad on the hills

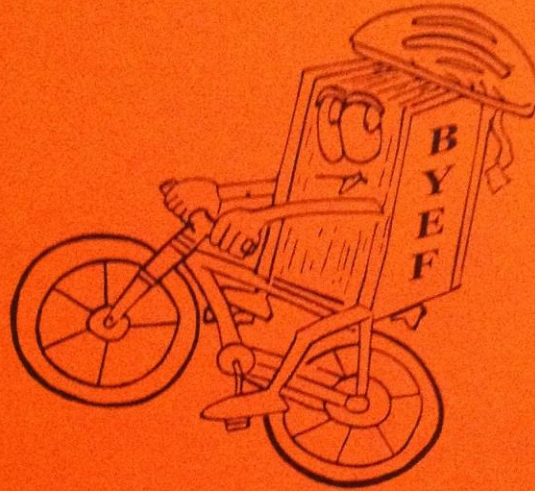
June 10, 2023

Dear Journal,

Today's bike ride was fun but also a bit challenging because of the slippery gravel. I also regrets wearing black jeans, because afterwards my legs ended up being really hot and it was kinda hard to move my legs.

Looking forward to next weekend.

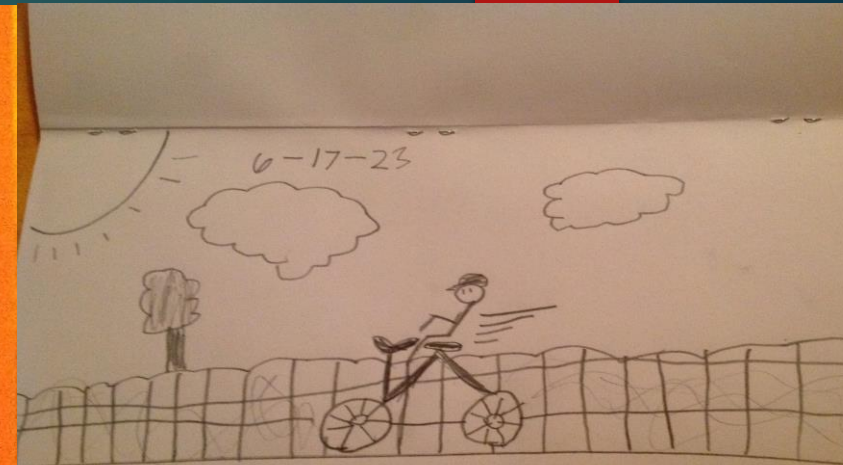
## BAILEY YOUTH ENRICHMENT FOUNDATION



Jamarcus Harris

Club Member's Name

Reading Riders' Adventures Journal



2023, June, 17  
Dear Journal

Jaylen Smith

to day i rode my bike 10 miles  
5 miles to a lake and 5 miles back  
we made smoothies on a bike  
and i seen a red bird and blue  
one.



# Katy Trail Lunch Break in Augusta, MO





# Missouri River Klondike Park St Charles County, MO





# Campsite





# Getting Wood for Campfire





# Flint & Steel Fire Starters





# More Camp Firewood





# Different Approaches To Taking Hill Into Klondike Park From Katy Trail









# Katy Trail Ice Cream Break in Defiance, MO





# 2023 Reading Riders Program Volunteer Team

Harold Bailey

Helen Bailey

Arthurine Harris

Hosea Jackson

Muhammad Mupenda

Alveta Nelson

Victor Nelson

Brenda Tillman